Forest Schools

Skills	Reception	У1	У2	У3	У4	У5	У6
Shelter Building	Introduction of basic shelter building with support (some indoor and outdoor equipment) Mini-den building for small animals.	Supported construction of tripod structures (mini-den building). Erect a lean to shelter, with support.	Independent use of tripod structures (animal den building). Introduction to lashing and frapping techniques to make frames. Create a lean to shelter, independently or with limited support.	Create a tarpaulin shelter in a woodland. Work successfully as a group, having considered and evaluated each members' contributions. Compare and evaluate the shelters in relation to their sturdiness, durability, weatherproofing and whether it is fit for purpose.	Design and build varying sized shelters using tarpaulin and materials found in a woodland. Work successfully as a group, having considered and evaluated each members' contributions. Compare and evaluate the shelters in relation to their sturdiness, durability, weatherproofing and whether it is fit for purpose.	Create a tipi shelter with camouflage. Work successfully as a group, having considered and evaluated each members' contributions. Compare and evaluate the shelters in relation to their sturdiness, durability, weatherproofing and whether it is fit for purpose.	Shelter building challenge - working in teams the children plan, build and review their shelters (recap the different ways to build shelters). Work successfully as a group, having considered and evaluated each members' contributions. Compare and evaluate the shelters in relation to their sturdiness, durability, weatherproofing and whether it is fit for purpose. Set up a tent in preparation for going on a residential visit
Geographical Skills and Navigation	Follow rules and boundaries. Promote free exploration.	Use simple compass directions (North, South, East and West). Use directional language (near and far; left and right).	Use simple compass directions (North, South, East and West). Use directional language (near and far; left and right).	Demonstrate understanding of the concept of a basic map. Understand the term 'orientate or 'setting' a map.	Recognise features and symbols on the map. Understand how to orientate the map.	Use the eight points of a compass and four figure grid references. Develop expertise in the orienteering skills of orientating a	Use the eight points of a compass, four and six-figure grid references, symbols and key (including the use of Ordnance Survey Maps). Further develop navigational skills by planning ahead, identifying problems and making decisions.

		Т	Т		Т	
			Complete a simple	Build trust with a	map, following a	
	Describe the	Describe the	'star' orienteering	partner and work	course, and	Learn to balance speed and
	location of	location of	activity in	together when	recognition of	accuracy.
	features and	features and	pairs/groups.	orienteering.	relevant map	
	routes on a map.	routes on a map.			symbols.	Set, read and follow a bearing.
			Record			
	Recognise	Recognise	information		Demonstrate an	Practice and develop pacing
	landmarks and	landmarks and	accurately and		understanding of	skills.
	human and	human and	neatly.		the relationship	
	physical features.	physical features.	,		between pacing	Be able to take a bearing from a
	' '	' '	Follow rules when		and distance.	map and use that bearing to find
	Devise a simple	Devise a simple	completing a star			a control point.
	map and use basic	map and use basic	orienteering		Plan a short loop	
	symbols in a key.	symbols in a key.	activity.		course for	Combine map reading and
	-,	-,	,.		another pair to	compass skills.
					follow.	
						Measure the distance between
					Improve	control points and, using the map
					confidence in map	scale, estimate the number of
					reading and the	paces required to reach each
					transfer of	control.
					information from	CONTI OI.
					map to ground.	Successfully undertake an
					map to ground.	orienteering competition using
					Apply skills of	an unfamiliar map in a new
						location.
					orienteering	location.
					including	Doministration of Continuous Cont
					thumbing the	Demonstrate effective use of
					map, route choice	orientating a map, using a
					and symbol	compass, setting, reading and
					recognition.	following bearings, and scale to
					D	navigate around a score
					Plan the most	(scatter) orienteering course.
					efficient route so	
					that the course is	
					completed in the	
					quickest time.	
					Complete the	
					orienteering	
					course in the	
					fastest time	

						possible,	
						competing against	
						others.	
	Introduction to	Re-enforce rules	Re-enforce rules	Take part in	Play woodland	Orienteering with	Create a time capsule.
Dlav. /	rules and	and boundaries.	and boundaries of	outdoor	versions of	an OS map.	
Play /	boundaries.		forest schools.	challenges on own	games.		
Exploring		Travel safely		and in a team.			
- ip	Promotion of free	over the terrain	Move logs safely	al: I .	I can work in a		
	exploration.	in Forest School.	with support	Climb a tree.	team during wide		
(My Activity		C	first.	AA 1	games and		
	Promotion of	Carry sticks	Duild a builde	Make something	scavenger hunts.		
Passport)	independent	safely.	Build a bridge.	out of wood.	AA alea a gaulmtuma		
	learning	Work in a team	Become a nature	Cook outdoors.	Make a sculpture.		
	opportunities/skills.	to co-operate and	detective.	Cook ourdoors.	Make up your own		
	Plant bulbs and	communicate	derective.		game and teach it		
	watch them grow.	clearly.	Get soaking wet		to someone.		
	waren mem grow.	ordar ry.	in the rain.		To someone.		
	Autumn walk.	Discover what's in			Treasure hunt.		
		a pond.	Bird watching.				
	Search for	'					
	butterflies.	Hunt for insects.					
		Roll down a hill.					
		Make a daisy					
		chain.					
		0 11 1					
	Introduction to	Build a den. Continuation of	Continuation of	Ka Chana 2	To Voic Chang 2		
	tools (peelers for	the use of basic	the use of basic	n Key Stage 2 children will	In Key Stage 2 children will		
Using Tools	whittling, hammers,	tools (cutting of	tools, larger	develop their	develop their		
Comig 10015	mallets, trowels	string, peeler for	ropes and	skills when using	skills when using		
	and forks).	whittling, bow	independent	a range of tools.	a range of tools.		
		saw to cut discs	cutting of string.	Tools will only be	Tools will only be		
		(1:1).		used when the	used when the		
			Use of bow saw 1-	children are	children are		
			1 to cut discs.	physically,	physically,		
				mentally and	mentally and		
			Peelers for	socially ready to	socially ready to		
			whittling.	do so. Children's	do so. Children's		
				ability to use	ability to use		

Knots	Tying shoe laces.	Introduction to basic knots.	More sophisticated use of knots for attaching to structures and trees.	tools will develop at different ages Peeler(1:1) More sophisticated use of knots for attaching to structures and trees.	tools will develop at different ages Loppers Secateurs Knives for whittling More sophisticated knots for attaching to structures and trees.	More sophisticated knots for attaching to structures and trees.	More complex knots and selecting the correct knot for a job.
			Example - Overhand knot and half hitch. Lashing and frapping techniques to make frames.	Lashing and frapping frames and dual structures. Example - Cow hitch,	Independent use of lashing and frapping techniques.	Independent use of lashing and frapping techniques.	
Using Fire for Cooking	Observe and talk about fire lighting procedures, begin to contribute by selecting fuel. Safety procedures - fire safety.	Be safe around a fire. Contribute to fire lighting by gathering fuel.	Experience using fire strikers to spark a flame. Light a piece of cotton wool (fairy pillow). Fire safety and the fire triangle.	Light a fairy fire and keep it going.	Roast food on a fire with support.	Cooking on a camp fire (roast food). Make and tend a fire safely.	Prepare and light a campfire with supervision.